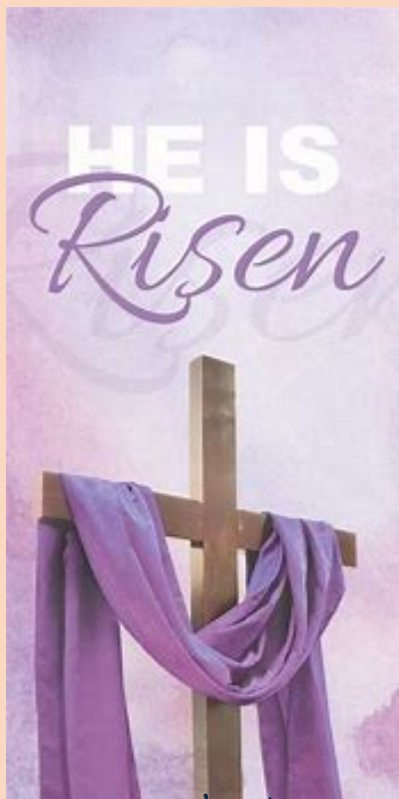


Safeguarding Newsletter



Dear Parent/Carers/Students,

Welcome to the safeguarding team's first newsletter! Here you will find lots of information, support, guidance and contact details should you need to speak to a member of the team.

The Easter holidays are fast approaching and we know times are difficult at the moment with cost of living increases, the impact of COVID-19 and alongside these, challenges for young people around online safety, positive relationships and mental health.

This term's newsletter will highlight some of these areas and provide helpful guidance along with support networks to help with these struggles.

We hope your family has a wonderful Easter break!



Online Safety

Online Safety

Online safety is of paramount importance in ensuring young people are kept safe. We have seen an increase in social media misuse, with TikTok, Snapchat and Instagram being the main platforms where the misuse occurs. As a school, we would advise parents to regularly check their child(rens) mobile phones to ensure they are using social media sites safely. We would also like to take this opportunity to remind parents and students of the age limits for some of the more popular social media platforms:

Snapchat - 13 years

TikTok - 13 years

Instagram— 13 years

WhatsApp - 16 years



If you would like to discuss any concerns around online safety with a member of the Safeguarding team, please email safeguarding@bluecoatschool.com



Mental Health Matters!

As we are all aware, mental health can be a taboo subject. The effects of COVID-19 lockdowns have been detrimental to mental health pressures with more referrals to mental health organisations such as MIND, CAMHS and Kooth.

Students who are struggling with their mental health are encouraged to speak to their house teams, tutors, a member of the safeguarding team or our Chaplain, Lou Peet.

We know it can take a lot of courage to speak up about how you are feeling, no matter what the concern is, we are here to help! One-to-one support can be arranged in a friendly, welcoming and private area for you to discuss the challenges that you are experiencing. Following this, we will be able to help with coping strategies, check-ins and possibly external agency interventions.

We also understand that it can be incredibly challenging for some to speak out. Kooth is a free online mental health community for young people to sign up to where they can access 24 hour support from a team of professionals, self – help tools and fun activities. To learn more about Kooth, please visit [Home - Kooth](#)



Peer on Peer Abuse

Peer on Peer Abuse can be defined in many ways such as sexual harassment, sexual touching, emotional abuse, bullying, physical abuse, violence and online abuse to name a few. Peer on Peer Abuse is increasing in all schools across the country.

At Blue Coat School, we do not tolerate any form of Peer on Peer abuse. We actively encourage parents/carers to discuss these topics with your child(ren) and how this type of abuse can be detrimental in the decline of the victim's mental and physical health.

The taking of and sharing of nude or semi nude images, also falls under the category of Peer on Peer Abuse and can result in Police sanctions.

If you have any concerns about Peer on Peer Abuse, please do not hesitate in calling a member of the Safeguarding team on 02476223542.

Meet the Team!

Our Safeguarding team includes:

- Mrs K Arnold** - Designated Safeguarding Lead
- Miss K Routley**—Deputy Designated Safeguarding Lead
- Mrs L Turner** - Deputy Designated Safeguarding Lead
- Miss J Davoile** - Deputy Designated Safeguarding Lead
- Mrs V Shelley** - Deputy Designated Safeguarding Lead



To speak to a member of the Safeguarding team, please call **02476223542** or email safeguarding@bluecoatschool.com. We are also available over the school holidays via the email address.

SAFEGUARDING AT BLUE COAT SCHOOL

OUR DESIGNATED SAFEGUARDING LEAD IS
MS K ARNOLD



MRS SHELLEY
IS ALSO A PART OF THE SAFEGUARDING TEAM



OTHER PEOPLE YOU CAN TALK TO ARE



MRS TURNER



MISS DAVOILE

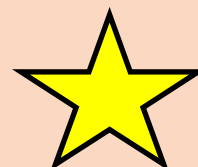
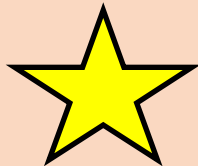


MISS ROUTLEY

email: safeguarding@bluecoatschool.com



Safeguarding Team Tutor Drop In Sessions for Year 9
will commence on Monday 25 April 2022!



Easter Activities ...

Are you stuck for ideas for during the Easter holiday? Your local Family Hubs may be able to help! Aspire Family Hub have shared with us their activities for the next two weeks. Please contact them for more details.

To book a place at on any of the below events, please call 02476978100 or email aspirefamilyhub@coventry.gov.uk

Monday 11 April 2022 - Friday 15 April 2022

Aspire Family Hub

Coventry City Council logo on the left and Coventry FamilyHub PARTNERSHIP logo on the right.

Monday	Tuesday	Wednesday	Thursday	Friday
Family Fun Session Can your family stop the egg from smashing? 1:30pm to 2:30pm Contact Hub to book your place	One Body One Life Family Active Session 11:30am to 12:30pm Contact Hub to book your place	St Catherine's Church HAF Aspire staff will be supporting 10am to 2pm Please book online using your HAF code		Bank Holiday

Monday 18 April 2022 - Friday 22 April

Aspire Family Hub

Coventry City Council logo on the left and Coventry FamilyHub PARTNERSHIP logo on the right.

Monday	Tuesday	Wednesday	Thursday	Friday
Bank Holiday	One Body One Life Family Active Session 11:30am to 12:30pm Contact Hub to book your place	Quinton Park Baptist Church Rhyme Time 10am to 10:30am or 11am to 11:30am Contact Hub to book your place		Easter Bonnet Making & Easter Egg Hunt 10am to 11:30am Contact Hub to book your place

Did you know?

There are 8 family hubs in Coventry, all are postcode dependant.

Family hubs can help with all sorts of queries such as:

- Finance advice
- Debt advice
- Parenting support
- Family support offered within the home
- Child and family health wellbeing exercises including baby wellbeing clinics
- Support to children with SEN and to their families

To find out which Family Hub is local to your home, please visit www.coventry.gov.uk/familyhubs