

Safeguarding Newsletter

Dear Parents/Carers/Students,

Welcome to our final newsletter of the academic year! In this newsletter, you will find lots of information, support, guidance and contact details should you need to speak to a member of the team.

The Summer holiday is upon us! A time to relax, unwind and prepare for the new school year!

We understand times are difficult at the moment with the cost of living price increases, challenges for young people around mental health, online safety and positive peer relationships.

In this terms newsletter, we will highlight some of these areas and provide helpful guidance along with activities, support networks and information for the Summer break ahead.

We really hope you and your family enjoy the Summer holiday!



Please find a useful
Snapchat Parent Fact
Sheet

[HERE.](#)

Online Safety

Online Safety—Snapchat and Instagram Updates

We have been informed by Coventry Safeguarding Board that there have been a number of updates on Snapchat and Instagram recently. The Safeguarding Team would like to make you aware of these new changes:

1. **Snapchat:** Snapchat has a new update, **Snap Map Facility**. This new update lists a person's full address and location (when using the app). It also gives directions of how to get to their location.
2. **Snapchat Plus:** A new feature added to Snapchat with subscription costs of up to £4.00 a month. Snapchat Plus, which creates a best friend list, can cause fall outs between young people.
3. **Sendit and NGL:** **Sendit** and **NGL** (Not Going to Lie) are anonymous Q&A style apps that allows users to post 'ask me anything' style questions via **Instagram**. These questions receive anonymous responses from 'friends'. These types of social experiences tend to be problematic. Online anonymity can lead to bullying, friendship breakdowns and Child on Child Abuse (inappropriate questions etc).

We would recommend that parents look at their child's devices for these updates and change the settings accordingly. We have added below images of the apps mentioned in this message, to make it easier to recognise them, should the apps be installed or hidden in folders on devices.

Snapchat



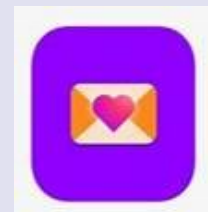
Instagram



NGL (Not Going to Lie)



Sendit



Mental Health Matters!

As we are all aware, mental health can be a taboo subject. The effects of COVID-19 lockdowns have been detrimental to mental health pressures with more referrals to mental health organisations such as MIND, CAMHS and Kooth.

Students who are struggling with their mental health are encouraged to speak to their house teams, tutors, a member of the safeguarding team or our Chaplain, Lou Peet.

We know it can take a lot of courage to speak up about how you are feeling, no matter what the concern is, we are here to help! One to one support can be arranged in a friendly, welcoming and private area for you to discuss the challenges that you are experiencing. Following this, we will be able to help with coping strategies, check-ins and possibly external agency interventions.

We also understand that it can be incredibly challenging for some to speak out. Kooth is a free online mental health community for young people to sign up to where they can access 24 hour support from a team of professionals, self – help tools and fun activities. To learn more about Kooth, please visit [Home - Kooth](#)



Child Employment

We have seen an increasing number of Year 10 and 11 students gaining employment in various establishments. We understand that starting employment around these ages can help with self-esteem and independence.

However, did you know, there are a number of workplaces that children under the age of 16 cannot work in? We have attached a leaflet from the local authority, explaining the law and rules around child employment, FAQ's and contact numbers should you have any further questions. You can read the leaflet [HERE](#).

Summer Activities ...

Are you stuck for ideas for during the Summer holiday? Your local Family Hubs may be able to help! Aspire Family Hub would like to share with you the details of their Youth Club. Please contact them for more details.

To find out which Family Hub is local to your home, please visit
www.coventry.gov.uk/familyhubs

Youth Club Open Access

YMCA

Join us for weekly youth club activities, discussions, crafts and various games!

We are looking for young people aged
10-16 to join us each week!

TUESDAY - Aspire Family HUB
Humber Ave
Stoke Aldermoor
Coventry, CV1 2SF
TIME - 5:15- 6:45pm

FRIDAY - Stoke Aldermoor
LIFE Centre
Coventry, CV3 1DA

Please do come along and we can get you signed up!

If you would like more information, please contact YMCA

Email: jake.regan@ymcaheartofengland.org.uk or Phone: 07789548127

YMCA YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE ACCOMMODATION FAMILY WORK HEALTH & WELLBEING TRAINING & EDUCATION

Coventry Early Help and Family Hubs



Here to Help

Early Help is a range of services working together to help children, young people (0 - 19) and their families. We can provide this support through the Family Hubs and within the local community.

We aim to reach children, young people and families when the need first emerges; and to help and support when we can have the greatest impact.

	Early Help	0800 8870545
	Emergency Duty Team	024 7683 2222
	between 5pm - 8.30am and during weekends	
	Multi-agency Safeguarding Hub MASH	024 7678 8555

 Earlyhelp@coventry.gov.uk

 www.coventry.gov.uk/familyhubs
www.coventry.gov.uk/applyearlyhelp

 Find Family Hubs on facebook



Did you know?

There are 8 family hubs in Coventry, all are postcode dependant.

Family hubs can help with all sorts of queries such as:

- Finance advice
- Debt advice
- Parenting support
- Family support offered within the home
- Child and family health wellbeing exercises including baby wellbeing clinics
- Support to children with SEN and to their families