

Subject	Exam Board
Assessment	J587/01 Paper1 Physical Factors affecting performance 1.1 Applied anatomy and physiology 1.2 Physical training J587/02 Paper 2 Socio-cultural issues and sports psychology 2.1 Socio-cultural influences 2.2 Sports psychology 2.3 Health, fitness and well-being
Revision Topics for 2 nd Mock if Relevant	J587/01 Paper1 Physical Factors affecting performance 1.1 Applied anatomy and physiology 1.2 Physical training J587/02 Paper 2 Socio-cultural issues and sports psychology 2.1 Socio-cultural influences 2.2 Sports psychology 2.3 Health, fitness and well-being
Target Mocks	w/b 26 th February 2024

Subject	Exam Board
Revision Topics Lists for the Final Exam(s)	J587/01 Paper1 Physical Factors affecting performance 1.1 Applied anatomy and physiology 1.2 Physical training J587/02 Paper 2 Socio-cultural issues and sports psychology 2.1 Socio-cultural influences 2.2 Sports psychology 2.3 Health, fitness and well-being
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