

# PSHE Curriculum Map

	<b>Autumn 1</b> <i>Health &amp; wellbeing</i>	<b>Autumn 2</b> <i>Living in the wider world</i>	<b>Spring 1</b> <i>Relationships</i>	<b>Spring 2</b> <i>Health &amp; wellbeing</i>	<b>Summer 1</b> <i>Living in the wider world</i>	<b>Summer 1</b> <i>Relationships</i>
<b>Year 7</b>	<b>Transition and safety</b> <ul style="list-style-type: none"> <li>Transition to secondary school</li> <li>Respect in School</li> <li>Personal safety inside and outside of school.</li> <li>First aid</li> </ul>	<b>Developing skills and aspirations</b> <ul style="list-style-type: none"> <li>Careers</li> <li>Teamwork and enterprise skills</li> <li>Raising aspirations</li> <li>Goals for the future</li> </ul>	<b>Diversity and peer relationships.</b> <ul style="list-style-type: none"> <li>Making and maintaining friends – Interpersonal relationships</li> <li>Diversity and prejudice</li> <li>Bullying (inc online bullying)</li> </ul>	<b>Health and puberty</b> <ul style="list-style-type: none"> <li>Healthy routines – Sleep/Hygiene/Dental</li> <li>Puberty and emotions</li> <li>Periods</li> <li>FGM (to be delivered in specialist assembly during the summer term)</li> </ul>	<b>Financial decision making</b> <ul style="list-style-type: none"> <li>Saving, borrowing, budgeting and making financial choices</li> <li>Ethical shopping</li> <li>Identifying risk</li> </ul>	<b>Building relationships</b> <ul style="list-style-type: none"> <li>Self-worth</li> <li>Romance and friendships</li> <li>Media influences</li> <li>Assertive communication</li> </ul>
<b>Year 8</b>	<b>Drugs and alcohol</b> <ul style="list-style-type: none"> <li>Alcohol and drug misuse, including types, laws, and consequences.</li> <li>Pressures relating to drug use</li> </ul>	<b>Community and careers</b> <ul style="list-style-type: none"> <li>Types of employment</li> <li>Employment law and discrimination</li> <li>Goals for my future</li> </ul>	<b>Discrimination. Child on Child Abuse</b> <ul style="list-style-type: none"> <li>Group Think</li> <li>Discrimination and HBT bullying</li> <li>Racism</li> <li>Human Rights</li> </ul>	<b>Emotional wellbeing</b> <ul style="list-style-type: none"> <li>Mental health and emotional wellbeing - including body image and coping strategies</li> <li>Mindfulness</li> </ul>	<b>Digital literacy</b> <ul style="list-style-type: none"> <li>Online safety &amp; digital literacy, media reliability</li> <li>Fake news</li> <li>Online gaming safety</li> </ul>	<b>Identity and relationships</b> <ul style="list-style-type: none"> <li>Consent</li> <li>Social media misuse</li> <li>Harms of ‘sexting’</li> <li>An introduction to contraception</li> </ul>
<b>Year 9</b>	<b>Peer influence, substance use and gangs</b> <ul style="list-style-type: none"> <li>Group think</li> <li>Healthy and unhealthy friendships, and gang exploitation</li> <li>CSE/CCE</li> <li>Bystander Behaviour</li> </ul>	<b>Setting goals</b> <ul style="list-style-type: none"> <li>Problem Solving</li> <li>Career options and goal setting as part of the GCSE options process</li> </ul>	<b>Respectful relationships</b> <ul style="list-style-type: none"> <li>Families and parenting</li> <li>Homelessness</li> <li>Conflict resolution and relationship changes</li> </ul>	<b>Healthy lifestyle</b> <ul style="list-style-type: none"> <li>Work/life balance</li> <li>Body Image.</li> <li>Cancer awareness</li> </ul>	<b>Preparation for employment</b> <ul style="list-style-type: none"> <li>Preparation for and evaluation of work experience</li> <li>Overcoming Adversity</li> <li>Health and Safety</li> <li>Online Presence</li> </ul>	<b>Intimate relationships/Self checks</b> <ul style="list-style-type: none"> <li>Relationships and sex education including consent,</li> <li>Contraception, and the risks of STIs,</li> <li>Dangers and myths of pornography</li> </ul>
<b>Year 10</b>	<b>Mental health</b> <ul style="list-style-type: none"> <li>Mental health and ill health</li> <li>Stigma,</li> <li>Safeguarding mental health, including during periods of transition or change</li> </ul>	<b>Financial decision making</b> <ul style="list-style-type: none"> <li>The impact of financial decisions and debt,</li> <li>Gambling</li> <li>Financial risks</li> </ul>	<b>Healthy relationships</b> <ul style="list-style-type: none"> <li>Consent, sexual harassment and victim blaming</li> <li>Healthy relationships</li> <li>Online relationships and harms of pornography</li> </ul>	<b>Exploring influence</b> <ul style="list-style-type: none"> <li>The influence and impact of drugs</li> <li>Gangs, role models, and the media.</li> <li>County lines.</li> </ul>	<b>Employability skills</b> <ul style="list-style-type: none"> <li>Employability skills and enterprise personality</li> <li>Wages</li> <li>Employment rights (including reference to the equality act and protected characteristics)</li> </ul>	<b>Addressing extremism and radicalisation</b> <ul style="list-style-type: none"> <li>Communities</li> <li>Honour based violence</li> <li>Belonging and challenging extremism</li> <li>PREVENT</li> </ul>
<b>Year 11</b>	<b>Communication in relationships</b> <ul style="list-style-type: none"> <li>Personal values, assertive communication (including in relation to contraception and sexual health)</li> <li>Relationship challenges and abuse, including sexual harassment.</li> <li>Coercive control.</li> </ul>	<b>Families</b> <ul style="list-style-type: none"> <li>Different families and parental responsibilities,</li> <li>Pregnancy</li> <li>marriage and forced marriage</li> <li>Adoption,</li> <li>Abortion,</li> <li>Miscarriage and fertility</li> </ul>	<b>NO PSHE DELIVERED DUE TO MOCK EXAMS</b>  <b>Stress and wellbeing session delivered in tutor time</b>	<b>Next steps</b> <ul style="list-style-type: none"> <li>Revision and study skills</li> <li>Post 16</li> <li>Employability</li> <li>CV writing</li> <li>Interview</li> </ul>	<b>Building for the future</b> <ul style="list-style-type: none"> <li>Stress management, including work life balance</li> <li>Body image</li> <li>Responsible health choices, and safety in independent contexts – surgery, tattoos, piercings</li> <li>Blood, organ, stem cell donation</li> </ul>	<b>YEAR 11 EXAM LEAVE</b>  <b>Stress and wellbeing session delivered in tutor time</b>  <b>Revision booklets printed for all students in year 11</b>

Highlighted topics are those students can be withdrawn from.