

# So you are considering A level Biology?

This pack contains all the resources that you will need to be well prepared for September. To study Biology at A-Level, at Blue coat school you will need to achieve, at least, a level 6 in Combined Science or Biology GCSE. You will be studying AQA – A-Level biology, you can find a copy of the specification here: <https://www.aqa.org.uk/subjects/science/as-and-a-level/biology-7401-7402/specification-at-a-glance>

**Career pathways:** You'll **specifically** need biology for courses in medicine, biology, biomedical sciences, dentistry, dietetics (studies in food and nutrition), physiotherapy, orthotics (treating eye disorders) and veterinary science. Biology is **usually** required or recommended for degrees in: biochemistry, chemical engineering, chemistry, geology, environmental science, materials science, nursing and midwifery, occupational therapy, optometry, pharmacy, sports science, psychology and speech therapy.

Biology is a key subject for lots of STEM careers, particularly in healthcare, medicine and jobs involving plants or animals. The list is pretty long and includes: nursing, dentistry, forensic science, psychology, physiotherapy, botany, environmental science, zoology, geology, oceanography, pharmaceuticals, energy, teaching, science writing, genetics and research.

You will be studying these topics at A-Level:

## Core content

- 1 Biological molecules
- 2 Cells
- 3 Organisms exchange substances with their environment
- 4 Genetic information, variation and relationships between organisms
- 5 Energy transfers in and between organisms (A-level only)
- 6 Organisms respond to changes in their internal and external environments (A-level only)
- 7 [Genetics, populations, evolution and ecosystems \(A-level only\)](#)
- 8 The control of gene expression (A-level only)

Here is how you will be assessed:

## Assessments

Paper 1	+	Paper 2	+	Paper 3
<b>What's assessed</b> <ul style="list-style-type: none"> <li>Any content from topics 1–4, including relevant practical skills</li> </ul>		<b>What's assessed</b> <ul style="list-style-type: none"> <li>Any content from topics 5–8, including relevant practical skills</li> </ul>		<b>What's assessed</b> <ul style="list-style-type: none"> <li>Any content from topics 1–8, including relevant practical skills</li> </ul>
<b>Assessed</b> <ul style="list-style-type: none"> <li>written exam: 2 hours</li> <li>91 marks</li> <li>35% of A-level</li> </ul>		<b>Assessed</b> <ul style="list-style-type: none"> <li>written exam: 2 hours</li> <li>91 marks</li> <li>35% of A-level</li> </ul>		<b>Assessed</b> <ul style="list-style-type: none"> <li>written exam: 2 hours</li> <li>78 marks</li> <li>30% of A-level</li> </ul>
<b>Questions</b> <ul style="list-style-type: none"> <li>76 marks: a mixture of short and long answer questions</li> <li>15 marks: extended response questions</li> </ul>		<b>Questions</b> <ul style="list-style-type: none"> <li>76 marks: a mixture of short and long answer questions</li> <li>15 marks: comprehension question</li> </ul>		<b>Questions</b> <ul style="list-style-type: none"> <li>38 marks: structured questions, including practical techniques</li> <li>15 marks: critical analysis of given experimental data</li> <li>25 marks: one essay from a choice of two titles</li> </ul>

You will also undertake 12 required practicals (like your GCSE's)

**The following pages contain your work to be completed before you start the course.**

### DNA and the Genetic Code

In living organisms nucleic acids (DNA and RNA have important roles and functions related to their properties. The sequence of bases in the DNA molecule determines the structure of proteins, including enzymes.

The double helix and its four bases store the information that is passed from generation to generation. The sequence of the base pairs adenine, thymine, cytosine and guanine tell ribosomes in the cytoplasm how to construct amino acids into polypeptides and produce every characteristic we see. DNA can mutate leading to diseases including cancer and sometimes anomalies in the genetic code are passed from parents to babies in disease such as cystic fibrosis, or can be developed in unborn foetuses such as Downs Syndrome.

Read the information on these websites (you could make more Cornell notes if you wish):

<http://www.bbc.co.uk/education/guides/z36mmp3/revision>  
<http://www.s-cool.co.uk/a-level/biology/dna-and-genetic-code>

And take a look at these videos:

<http://ed.ted.com/lessons/the-twisting-tale-of-dna-judith-hauck>  
<http://ed.ted.com/lessons/where-do-genes-come-from-carl-zimmer>

#### **Task:**

Produce a wall display to put up in your classroom in September. You might make a poster or do this using PowerPoint or similar Your display should use images, keywords and simple explanations to:

Define gene, chromosome, DNA and base pair

Describe the structure and function of DNA and RNA

Explain how DNA is copied in the body

Outline some of the problems that occur with DNA replication and what the consequences of this might be.

### Evolution

Transfer of genetic information from one generation to the next can ensure continuity of species or lead to variation within a species and possible formation of new species. Reproductive isolation can lead to accumulation of different genetic information in populations potentially leading to formation of new species (speciation). Sequencing projects have read the genomes of organisms ranging from microbes and plants to humans. This allows the sequences of the proteins that derive from the genetic code to be predicted. Gene technologies allow study and alteration of gene function in order to better understand organism function and to design new industrial and medical processes.

Read the information on these websites (you could make more Cornell notes if you wish):

<http://www.bbc.co.uk/education/guides/z237hyc/revision/4>

<http://www.s-cool.co.uk/a-level/biology/evolution>

And take a look at these videos:

<http://ed.ted.com/lessons/how-to-sequence-the-human-genome-mark-j-kiel>

<http://ed.ted.com/lessons/the-race-to-sequence-the-human-genome-tien-nguyen>

#### **Task:**

Produce a one page revision guide for an AS Biology student that recaps the key words and concepts in this topic. Your revision guide should:

Describe speciation

Explain what a genome is

Give examples of how this information has already been used to develop new treatments and technologies.

### Biodiversity

The variety of life, both past and present, is extensive, but the biochemical basis of life is similar for all living things. Biodiversity refers to the variety and complexity of life and may be considered at different levels. Biodiversity can be measured, for example within a habitat or at the genetic level. Classification is a means of organising the variety of life based on relationships between organisms and is built around the concept of species. Originally classification systems were based on observable features but more recent approaches draw on a wider range of evidence to clarify relationships between organisms. Adaptations of organisms to their environments can be behavioural, physiological and anatomical. Adaptation and selection are major factors in evolution and make a significant contribution to the diversity of living organisms.

Read the information on these websites (you could make more Cornell notes if you wish):

<http://www.s-cool.co.uk/a-level/biology/ecological-concepts>

<http://www.s-cool.co.uk/a-level/biology/classification>

And take a look at these videos:

<http://ed.ted.com/lessons/why-is-biodiversity-so-important-kim-preshoff>

<http://ed.ted.com/lessons/can-wildlife-adapt-to-climate-change-erin-eastwood>

#### **Task:**

Write a persuasive letter to an MP, organisation or pressure group promoting conservation to maintain biodiversity.

Your letter should:

Define what is meant by species and classification

Describe how species are classified

Explain one way scientists can collect data about a habitat, giving an example

Explain adaptation and how habitat change may pose a threat to niche species



### Exchange and Transport

Organisms need to exchange substances selectively with their environment and this takes place at exchange surfaces. Factors such as size or metabolic rate affect the requirements of organisms and this gives rise to adaptations such as specialised exchange surfaces and mass transport systems. Substances are exchanged by passive or active transport across exchange surfaces. The structure of the plasma membrane enables control of the passage of substances into and out of cells

Read the information on these websites (you could make more Cornell notes if you wish):

<http://www.s-cool.co.uk/a-level/biology/gas-exchange>

<http://www.s-cool.co.uk/a-level/biology/nutrition-and-digestion/revise-it/human-digestive-system>

And take a look at these videos:

<http://ed.ted.com/lessons/insights-into-cell-membranes-via-dish-detergent-ethan-perlstein>

<http://ed.ted.com/lessons/what-do-the-lungs-do-emma-bryce>

### **Task:**

Create a poster or display to go in your classroom in September. Your poster should either: compare exchange surfaces in mammals and fish or compare exchange surfaces in the lungs and the intestines. You could use a Venn diagram to do this. Your poster should:

Describe diffusion, osmosis and active transport

Explain why oxygen and glucose need to be absorbed and waste products removed

Compare and contrast your chosen focus.

## Cells

The cell is a unifying concept in biology, you will come across it many times during your two years of A level study. Prokaryotic and eukaryotic cells can be distinguished on the basis of their structure and ultrastructure. In complex multicellular organisms cells are organised into tissues, tissues into organs and organs into systems. During the cell cycle genetic information is copied and passed to daughter cells. Daughter cells formed during mitosis have identical copies of genes while cells formed during meiosis are not genetically identical

Read the information on these websites (you could make more Cornell notes if you wish):

<http://www.s-cool.co.uk/a-level/biology/cells-and-organelles>

<http://www.bbc.co.uk/education/guides/zvjyedm/revision>

And take a look at these videos:

<https://www.youtube.com/watch?v=gcTuQpuJyD8>

<https://www.youtube.com/watch?v=L0k-enzoeOM>

<https://www.youtube.com/watch?v=qCLmR9-YY7o>

**Task:**

Produce a one page revision guide to share with your class in September summarising one of the following topics: Cells and Cell Ultrastructure, Prokaryotes and Eukaryotes, or Mitosis and Meiosis.

Whichever topic you choose, your revision guide should include:

Key words and definitions

Clearly labelled diagrams

Short explanations of key ideas or processes.

## Biological Molecules

Biological molecules are often polymers and are based on a small number of chemical elements. In living organisms carbohydrates, proteins, lipids, inorganic ions and water all have important roles and functions related to their properties. DNA determines the structure of proteins, including enzymes. Enzymes catalyse the reactions that determine structures and functions from cellular to whole-organism level. Enzymes are proteins with a mechanism of action and other properties determined by their tertiary structure. ATP provides the immediate source of energy for biological processes.

Read the information on these websites (you could make more Cornell notes if you wish):

<http://www.s-cool.co.uk/a-level/biology/biological-molecules-and-enzymes>

<http://www.bbc.co.uk/education/guides/zb739j6/revision>

And take a look at these videos:

<https://www.youtube.com/watch?v=H8WJ2KENlKO>

<http://ed.ted.com/lessons/activation-energy-kickstarting-chemical-reactions-vance-kite>

**Task:**

Krabbe disease occurs when a person doesn't have a certain enzyme in their body. The disease effects the nervous system. Write a letter to a GP or a sufferer to explain what an enzyme is.

Your poster should:

Describe the structure of an enzyme

Explain what enzymes do inside the body

Complete your answers to the following questions and bring them with you in September:

1. a) What are the four base pairs found in DNA?

..... (2)

b) What does DNA code for?

..... (1)

c) Which organelle in a cell carries out this function?

..... (1)

2. a) What theory did Charles Darwin propose?

..... (1)

b) Why did many people not believe Darwin at the time?

..... (1)

c) Describe how fossils are formed.

.....  
.....  
..... (3)

d) The fossil record shows us that there have been some species that have formed and some that have become extinct.

i) What is meant by the term 'species'?

..... (2)

ii) Describe how a new species may arise:

.....

3. Ecologists regularly study habitats to measure the species present and the effect of any changes. One team of ecologists investigated the habitat shown in the picture below:

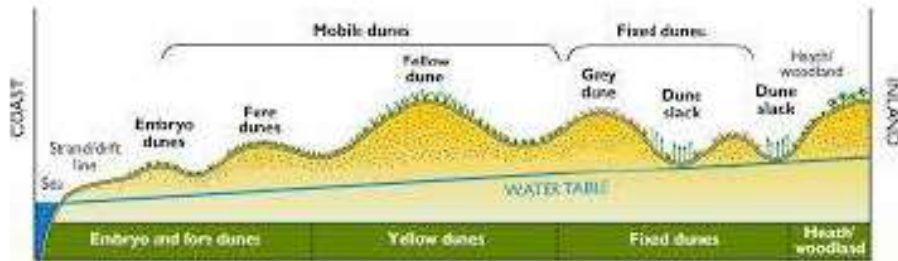


Image taken from <http://www.macaulay.ac.uk/soilquality/Dune%20Succession.pdf>

a) Define the following keywords:

i) Population

.....

ii) Community

.....

(2)

b) Give an example of one biotic factor and one abiotic factor that would be present in this habitat

Biotic: .....

Abiotic: .....

(2)

c) Describe how the ecologists would go about measuring the species present between the coast and the inland.

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4. Every living organism is made of cells.

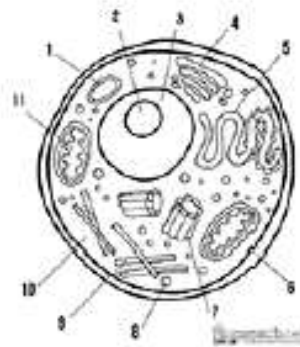


Image taken from <http://prestigebox.com/worksheet/label-an-animal-cell-worksheet>

a) Label the following parts of the animal cell:

- 2 .....
- 5 .....
- 8 .....

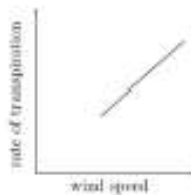
(3)

b) Describe how is the structure of the cell membrane related to its function?

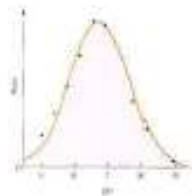
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(3)

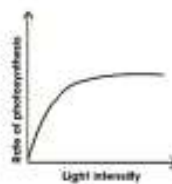
6. Scientists need to be able to interpret data in graphs to decide if there are trends in the results. For each graph below, describe the trend.



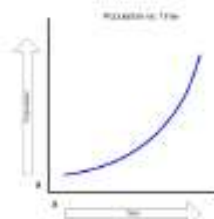
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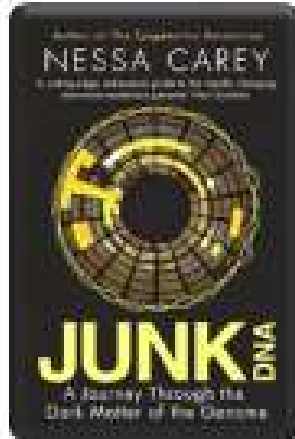


..... (4)



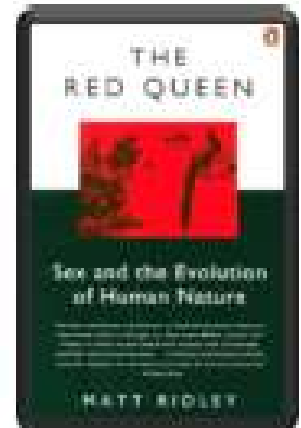
## Book Recommendations

Kick back this summer with a good read. The books below are all popular science books and great for extending your understanding of Biology

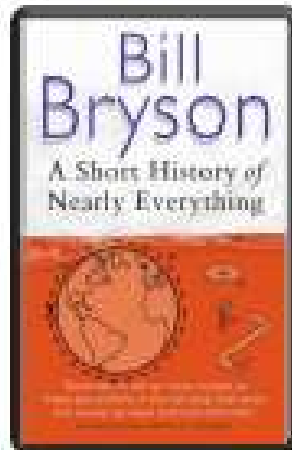


**Junk DNA**  
Our DNA is so much more complex than you probably realize, this book will really deepen your understanding of all the work you will do on Genetics. Available at [amazon.co.uk](https://www.amazon.co.uk)

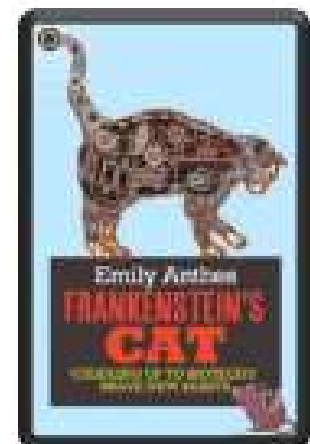
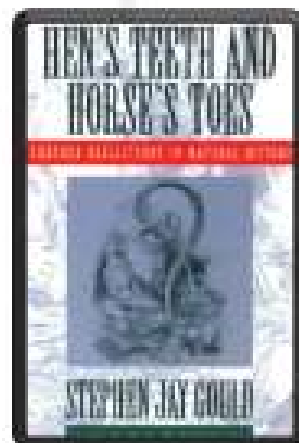
**The Red Queen**  
Its all about sex. Or sexual selection at least. This book will really help your understanding of evolution and particularly the fascinating role of sex in evolution. Available at [amazon.co.uk](https://www.amazon.co.uk)



**A Short History of Nearly Everything**  
A whistle-stop tour through many aspects of history from the Big Bang to now. This is a really accessible read that will re-familiarize you with common concepts and introduce you to some of the more colourful characters from the history of science! Available at [amazon.co.uk](https://www.amazon.co.uk)



Studying Geography as well? Hen's teeth and horses toes Stephen Jay Gould is a great Evolution writer and this book discusses lots of fascinating stories about Geology and evolution. Available at [amazon.co.uk](https://www.amazon.co.uk)



An easy read...  
**Frankenstein's cat**  
Discover how glow in the dark fish are made and more great Biotechnology breakthroughs. Available at [amazon.co.uk](https://www.amazon.co.uk)

## Movie Recommendations

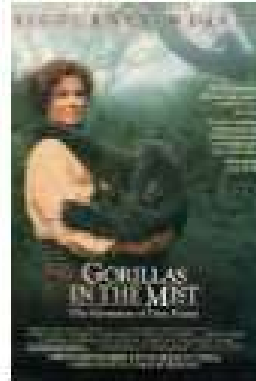
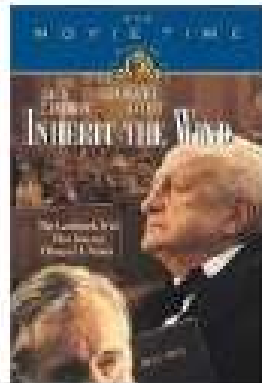
DATE/TIME/LOCATION

Everyone loves a good story and everyone loves some great science. Here are some of the picks of the best films based on real life scientists and discoveries. You won't find Jurassic Park on this list, we've looked back over the last 50 years to give you our top 5 films you might not have seen before. Great watching for a rainy day.



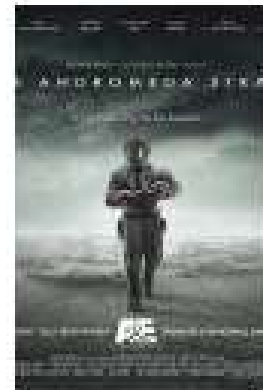
### Inherit The Wind (1960)

Great if you can find it. Based on a real life trial of a teacher accused of the crime of teaching Darwinian evolution in school in America. Does the debate rumble on today?



### Gorillas in the Mist (1988)

An absolute classic that retells the true story of the life and work of Dian Fossey and her work studying and protecting mountain gorillas from poachers and habitat loss. A tear jerker.



### Andromeda Strain (1971)

Science fiction by the great thriller writer Michael Crichton (he of Jurassic Park fame). Humans begin dying when an alien microbe arrives on Earth.



### Lorenzo's Oil (1992)

Based on a true story. A young child suffers from an autoimmune disease. The parents research and challenge doctors to develop a new cure for his disease.



### Something the Lord Made (2004)

Professor Snape (the late great Alan Rickman) in a very different role. The film tells the story of the scientists at the cutting edge of early heart surgery as well as issues surrounding racism at the time.

There are some great TV series and box sets available too, you might want to check out: Blue Planet, Planet Earth, The Ascent of Man, Catastrophe, Frozen Planet, Life Story, The Hunt and Monsoon.

## Movie Recommendations

part 1 of 10 pages

If you have 30 minutes to spare, here are some great presentations (and free!) from world leading scientists and researchers on a variety of topics. They provide some interesting answers and ask some thought-provoking questions. Use the link or scan the QR code to view:

### A New Superweapon in the Fight Against Cancer

Available at :

[http://www.ted.com/talks/paula\\_hammond\\_a\\_new\\_superweapon\\_in\\_the\\_fight\\_against\\_cancer?language=en](http://www.ted.com/talks/paula_hammond_a_new_superweapon_in_the_fight_against_cancer?language=en)

Cancer is a very clever, adaptable disease. To defeat it, says medical researcher and educator Paula Hammond, we need a new and powerful mode of attack.



### Why Bees are Disappearing

Available at :

[http://www.ted.com/talks/maria\\_spivek\\_why\\_bees\\_are\\_disappearing?language=en](http://www.ted.com/talks/maria_spivek_why_bees_are_disappearing?language=en)

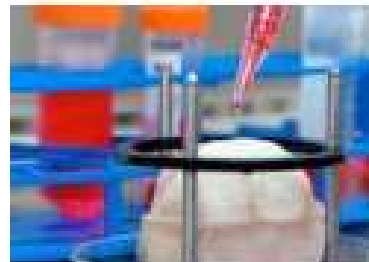
Honeybees have thrived for 50 million years, each colony 40 to 50,000 individuals coordinated in amazing harmony. So why, seven years ago, did colonies start dying en-masse?

### Why Doctors Don't Know About the Drugs They Prescribe

Available at :

[http://www.ted.com/talks/ben\\_goldacre\\_what\\_doctors\\_don\\_t\\_know\\_about\\_the\\_drugs\\_they\\_prescribe?language=en](http://www.ted.com/talks/ben_goldacre_what_doctors_don_t_know_about_the_drugs_they_prescribe?language=en)

When a new drug gets tested, the results of the trials should be published for the rest of the medical world — except much of the time, negative or inconclusive findings go unreported, leaving doctors and researchers in the dark.



### Growing New Organs

Available at :

[http://www.ted.com/talks/anthony\\_atala\\_growing\\_organs\\_engineering\\_tissue?language=en](http://www.ted.com/talks/anthony_atala_growing_organs_engineering_tissue?language=en)

Anthony Atala's state-of-the-art lab grows human organs — from muscles to blood vessels to bladders, and more.