

# Project 825 – Revision Tips for Students

## 1. Plan Your Revision

- **Create a timetable:** Divide your time across subjects, focusing on areas where you need the most improvement.
  - **Set realistic goals:** Break your revision into manageable tasks, e.g., reviewing one topic at a time.
  - **Prioritise early:** Start revising well in advance to avoid last-minute stress.
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## 2. Use Active Learning Techniques

- **Summarise key points:** Write concise notes or flashcards to focus on the most important information.
  - **Teach someone else:** Explaining a topic to a friend or family member can help you understand it better.
  - **Test yourself:** Use past papers or online quizzes to practise answering questions under exam conditions.
  - **Mind maps and diagrams:** Visual aids can help you remember complex information more easily.
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## 3. Stay Organised

- **Keep your workspace tidy:** A clean and organised area can improve focus.
  - **Have everything you need:** Pens, paper, highlighters, and subject-specific tools like calculators should be ready to use.
  - **Track your progress:** Tick off topics as you complete them to stay motivated.
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## 4. Take Regular Breaks

- Follow the **Pomodoro Technique:** Study for 25 minutes, then take a 5-minute break. After 4 cycles, take a longer break.
- Avoid cramming: It's more effective to spread your revision over time.
- Use breaks wisely: Go for a walk, stretch, or do something relaxing.

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## 5. Look After Yourself

- **Get enough sleep:** Aim for at least 8 hours a night to boost memory and concentration.
- **Eat healthily:** Fuel your brain with nutritious meals and snacks like fruits, nuts, and whole grains.
- **Stay hydrated:** Drink plenty of water throughout the day.
- **Exercise:** Even short physical activity can reduce stress and improve focus.

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## 6. Stay Positive

- **Focus on your strengths:** Celebrate what you already know while working on areas for improvement.
- **Don't compare yourself to others:** Everyone's revision journey is unique.
- **Ask for help:** If you're struggling, talk to your teachers, tutors, or friends – support is always available.

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## 7. Make Use of Resources

- **Past papers:** Practise answering questions similar to those you'll see in the exam.
- **Revision guides:** Use books and online resources specific to your exam board.
- **Apps and websites:** Try tools like Quizlet, Seneca, or BBC Bitesize to make learning interactive.
- **Project 825 Support:** Attend assemblies, expert sessions, and use the strategies provided by your teachers.

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## 8. Exam Day Preparation

- **Know your timetable:** Check when and where your exams will be held.
- **Pack early:** Organise everything you need (pens, pencils, ID, calculator) the night before.
- **Arrive early:** Give yourself time to settle and reduce nerves.

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## You've Got This!

Remember, preparation is key, but so is taking care of yourself. Stay focused, stay positive, and trust in your ability to succeed.

Good luck – you're capable of amazing things!