

Psychology non-fiction top 10

1. David Adam - The Man Who Couldn't Stop: The Truth About OCD
2. Jon Ronson - The Psychopath test
3. Oliver Sacks - The man who mistook his wife for a hat
4. Val McDermid - Forensics: The Anatomy of Crime
5. Matthew Walker - Why we sleep
6. Tanya Byron - The Skeleton Cupboard
7. Tali Sharot - The optimism bias
8. David Eagleman - Livewired - the inside story of the ever changing brain
9. Zack McDermott - Gorilla and the Bird: A memoir of madness and a mother's love
10. Ropper & Burrell - Reaching Down the Rabbit Hole: Extraordinary Journeys into the Human Brain

Psych This is for the whole course, including Yr 13- [Oxford Revise: AQA A Level Psychology: Amazon.co.uk: McLaughlin, Adelaide: 9781382034098: Books](https://www.amazon.co.uk/McLaughlin-Adelaide-9781382034098-Books/dp/1382034098)

The ones below for Psych are just those that are relevant for the mock exam.

Or - [Psychopathology Exam Buster Revision Guide for AQA A-Level Psychology | Shop | Psychology | tutor2u](#)

And - [Social Influence Exam Buster Revision Guide for AQA A-Level Psychology | Shop | Psychology | tutor2u](#)

And - [Memory Exam Buster Revision Guide for AQA A-Level Psychology | Shop | Psychology | tutor2u](#)

And - [Attachment Exam Buster Revision Guide for AQA A-Level Psychology | Shop | Psychology | tutor2u](#)