# **BLUE COAT**

## **WEEK ONE**



Main Meal from £2.07

**Meal Deal** 

Diner Classic from £1.35

Street Food from £1.86

Snack Attack from £1.55

Carb Grub Tub from £2.07

Make it a £2.60 Meal Deal

Main Meal, DStreet Food, Jacket Potato + 1 Filling or Pasta Bar ADD – Cake, Piece of Fruit **Or** 500ml bottle of Still Water

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Standard Sandwich - Add Cake & 500ml bottle of Still Water

MONDAY	Macaroni Cheese (v) Served with Garlic Bread & Roasted Carrots	Fresh Dough Pizza (v)	Piri piri Chicken Wrap	Southern coated crispy Chicken Fillets	Tomato & Basil Pasta Tub served with cheese
TUESDAY	Chilli Con Carne served with Boiled Rice and Tangy Bean Salsa	Burger Bar Beefburger Chicken MD Veggie	Kebab Meat with Chips, Salad Garnish & Minty Yoghurt Dressing	5 Spice flavoured Chicken Wings	Indonesian infused Spicy Rice & Coconut Tub
WEDNESDAY	Mediteranean Chicken Skewer, Lemon & Garlic Roasted New Potatoes & Roots & Drizzle of Sauce.	Fresh Dough Pizza (v)	Hotdog with onions & Ketchup	Popcorn Chicken bites	Pasta Tub
THURSDAY	Chicken Curry served with Rice & Sambal	Burger Bar Cheeseburger Chicken MD Veggie	BBQ Chicken Wrap	Southern coated crispy Chicken fillets	Sweet & sticky Noodles
FRIDAY	Battered Fish, Jumbo Sausage or Sweet Chilli Glazed Quorn Dippers Served with chips & Beans or Curry Sauce	Fresh Dough Margherita Pizza (v)	Southern Coated Chicken & Sweet Chilli Sauce Wrap	Popcorn Chicken bites	Pasta Tub

Freshly baked jacket potatoes, served with a choice of fillings.
A selection of sandwiches & baguettes, cold desserts, fresh fruit & more

All menu items are subject to availability

Make Healthier
Choices
Speak to the Team
for advice ©

Healthier Choice
Salad Bar
1 Portion of Protein, Plus Your
Choice of Salad & Dressing
£2.07
Extra Protein 78p per portion

SEASONAL KITCHEN



#### Food Allergies & Intolerance

If you require information on allergens or suffer from a food intolerance please speak to a team member before you order your food or drinks.

# **BLUE COAT**

## **WEEK TWO MENU**



Main Meal from £2.07

Meal Deal

Diner Classic from £1.35

Street Food from £1.86

Snack Attack from £1.55

Carb Grub Tub from £2.07

### Make it a £2.60 Meal Deal

Main Meal, Street Food, Jacket Potato + 1 Filling or Pasta Bar ADD – Cake, Piece of Fruit **Or** 500ml bottle of Still Water

Standard Sandwich - Add Cake & 500ml bottle of Still Water

MONDAY	Continental Frittata (v) Served with Salt & Pepper Potato Wedges & Chef's Salad	Fresh Dough Pizza (v)	BBQ Chicken Wrap	Southern coated crispy Chicken Filllets	Pasta Tub
TUESDAY	Cottage Pie served with Garden Peas & Gravy	Burger Bar Cheeseburger Chicken MD Onion Bhaji	Hotdog with Onions & Ketchup	Popcorn Chicken Bites	Loaded Nachos
WEDNESDAY	Roast Chicken served with a Yorkshire Pudding Roast Potatoes, Carrots, French Beans & Gravy.	Fresh Dough Pizza (v)	Maple & Sweet Chilli Chicken Wrap	Southern Coated crispy Chicken & Chips	Tomato & Basil Pasta Tub
THURSDAY	Sweet Potato, Spinach & Chickpea Dhansak served with Rice & Chunky Raita	Burger Bar Cheeseburger Chicken MD Veggie	BBQ Chicken & Cheese Panini	Sausage & Rosti Brunch Pot	Singapore Noodles
FRIDAY	Battered Fish, Jumbo Sausage or Cheese & Onion Pastie Served with chips & Beans or Curry Sauce	Fresh Dough Margherita Pizza (v)	Southern Coated Chicken & Sweet Chilli Sauce Wrap	Popcorn Chicken Bites	Mac 'n' Cheese Pasta Tub

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A selection of sandwiches & baguettes, cold desserts, fresh fruit & more

All menu items are subject to availability

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1 Portion of Protein, Plus Your
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SEASONAL KITCHEN



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# **BLUE COAT**

## **WEEK THREE MENU**



Main Meal from £2.07

Meal Deal

Diner Classic from £1.35

Street Food from £1.86

Snack Attack from £1.55

Carb Grub Tub from £2.07

### Make it a £2.60 Meal Deal

Main Meal, Street Food, Jacket Potato + 1 Filling or Pasta Bar ADD - Cake, Piece of Fruit or 500ml bottle of Still Water

Standard Sandwich - Add Cake & 500ml bottle of Still Water

MONDAY	Sweet Chilli glazed Chicken served with Parsley Potatoes & Green Beans	Fresh Dough Pizza (v)	Hotdog with Onions & Ketchup	Popcorn Chicken Bites	Pasta Pots
TUESDAY	Blackened Cajun Chicken Skewer served with Rice & Pickled Red Onions & Drizzle of Sauce	Cheeseburger	Maple Sweet Chilli & Cheese Panini	Sausage & Rosti Brunch Pot BBQ Chicken Wings	Singapore Noodles (v)
WEDNESDAY	Beef Lasagne Served with Coleslaw & Garlic Slice	Fresh Dough Pizza (v)	Chicken Tikka Wrap with Yoghurt & Mint Mayo	Southern Coated Chicken Fillets	Pasta Pots
THURSDAY	Chicken Balti served with Rice & Sambal	Burger Bar Spicy Chicken Chicken MD Veggie	BBQ Chicken Wrap	Sweet Chilli Chicken Wings	Dirty Wedges
FRIDAY	Battered Fish, Jumbo Sausage or Bean & Cheese Burrito Served with chips & Beans or Curry Sauce	Fresh Dough Margherita Pizza (v)	Southern Coated Chicken with Sweet Chilli Sauce Wrap	Popcorn Chicken Bites	Pasta Pots

Freshly baked jacket potatoes, served with a choice of fillings. A selection of sandwiches & baguettes, cold desserts, fresh fruit & more

All menu items are subject to availability

Make Healthier Choices Speak to the Team for advice @

**Healthier Choice** Salad Bar 1 Portion of Protein, Plus Your Choice of Salad & Dressing £2.07 Extra Protein 78p per portion





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